

# What is Abuse?

Verbally abusing a child



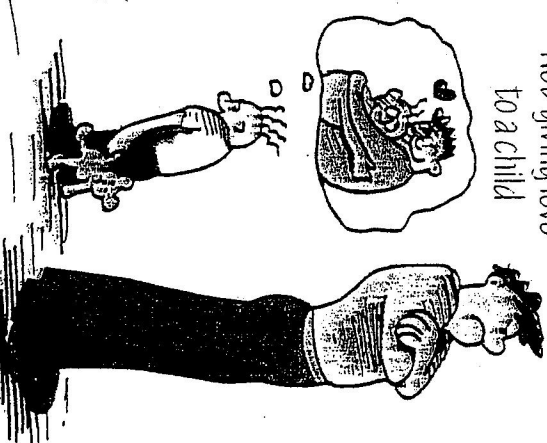
Forcing a child to touch you



Neglecting a child's medical needs

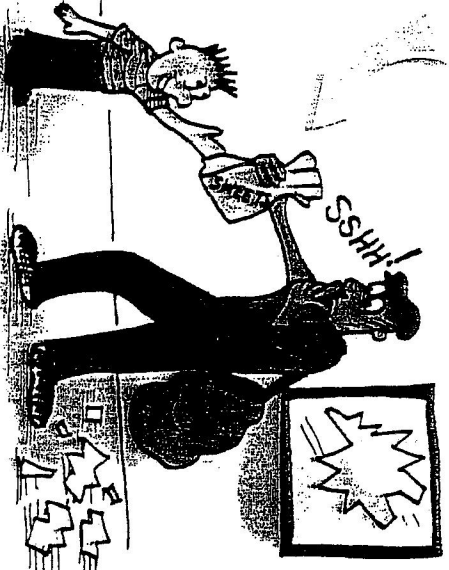


Not giving love to a child

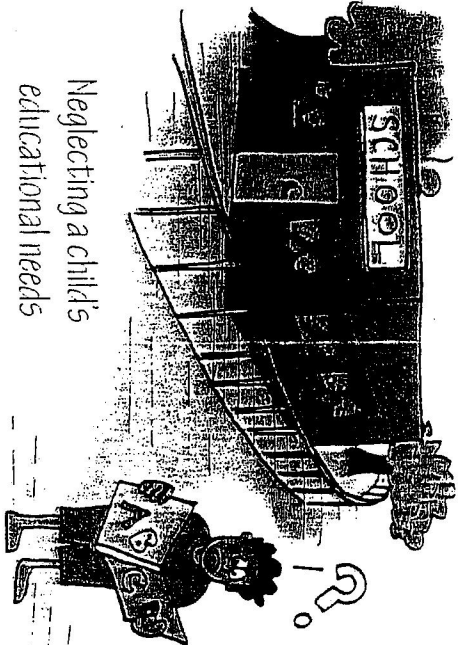


## CHILDREN's rights are WOMEN's rights

Manipulating a child



Neglecting a child's educational needs



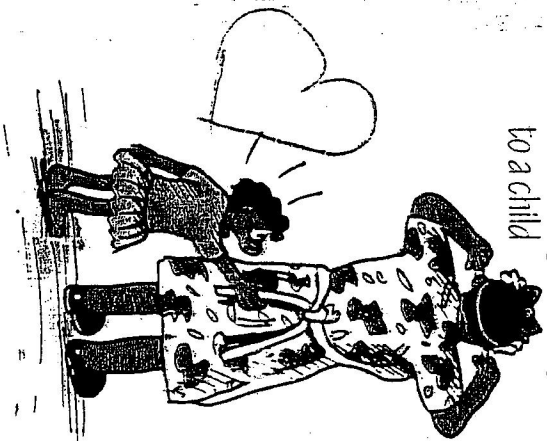
Hitting or hurting a child - often or to relieve your own frustration



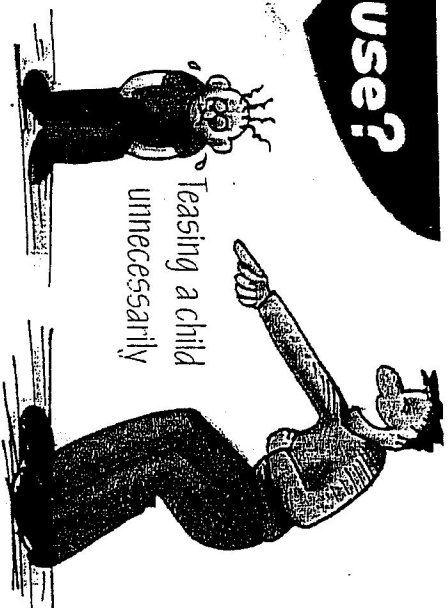
Childline Toll-free  
0800 05 55 55

# Abuse?

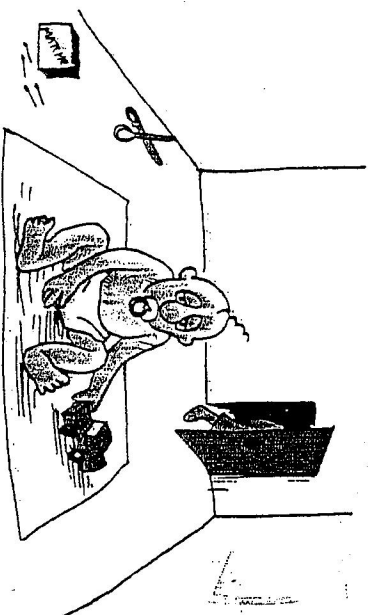
Not listening  
to a child



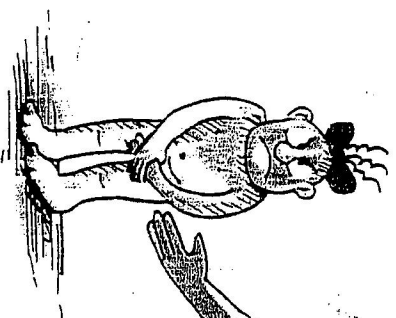
Teasing a child  
unnecessarily



Leaving a child without supervision



Touching a  
child where  
or when he/she  
doesn't  
want to be  
touched



# What is Abuse?

Breaking down the  
self-confidence of a child



Not taking  
proper care of  
a child, for  
example:



Not cleaning, clothing or feeding a child

Childline Toll-free

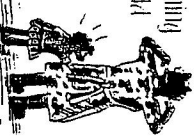
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# What is CHILD abuse?

Not listening to a child



Leaving a child without supervision



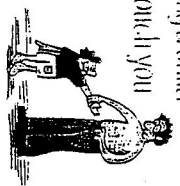
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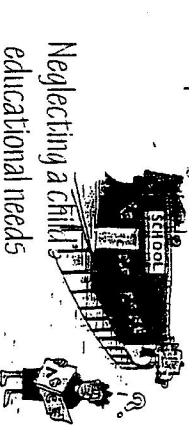
Forcing a child to touch you



Neglecting a child's medical needs



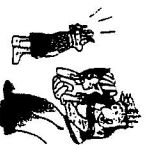
Manipulating a child



Breaking down the self-confidence of a child

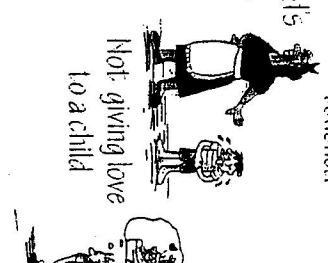


Teasing a child unnecessarily



Exposing a child to pornographic acts or literature

Touching a child where or when he/she doesn't want to be touched



Not giving love to a child



Hitting or hurting a child - often or to relieve your own frustration

## Safety plan for CHILDREN

### tell someone

If you are feeling threatened, tell someone that you trust. If someone has already abused you, do not protect him - protect yourself. If you are not believed - tell someone else. (Go to a clinic and tell the clinic sister, she must take action). Sometimes friends will support you. (If you are alone at home with a relative who is threatening your personal safety, keep inviting friends over.)

Remember - keep telling until someone believes you and takes action to protect you

### be aware, be safe

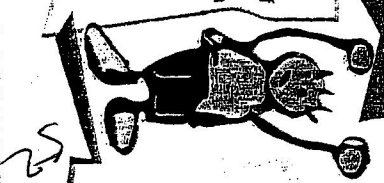
- Be informed about your rights as a child. (If your parents do not tell you... read about them.)
- You have a right to say NO to any family member that is doing or saying things that you feel is wrong. (Even your dad.)
- Read about things that you do not understand like: sex, AIDS, how babies are born, what is sexual, emotional and physical abuse? (Join the library!)

### love yourself

- Treasure your body, it is yours for your lifetime.
- Respect yourself - and others.
- Value your own life. (If you do not others will not either)
- Cherish your dreams, no matter how impossible they seem now. Strive to achieve them.

### be confident

- Girl or boy, black, brown, beige or white, rich or poor, fat or thin, tall or short - carry yourself with confidence. (A child with a low sense of self-esteem is more likely to be abused than a confident child.)
- Know your own limits over others and know the limits that others have towards you.
- Be proud of your youth and enjoy it.
- Girls and boys, protect and stick up for each other, for what is right



# How to respond to CHILD abuse?

Protecting children is everybody's business

## How you can prevent child abuse:

- Form a neighbourhood group to focus on child protection
- Foster mutual respect and good communication between children and parents
- Look for positive ways to bring up children
- Inform parents and children about their rights as citizens
- Form links and reach out to families in difficult circumstances
- Watch your neighbour's children when they have to go somewhere
- Have neighbours' children check with you when they come home if their parents are not there
- Keep an eye out for strangers or strange cars
- Keep an eye on your neighbour's house if they are away
- Talk to children in your neighbourhood about where they can go for help
- Establish safehomes and safety networks with organisations in your area
- Spread the idea of good neighbourliness
- Establish neighbourhood support groups for abused children and their families
- Establish links and networks with formal services
- Organise neighbourhood awareness campaigns
- Organise activities to improve your neighbourhood that address issues contributing to child abuse, such as poverty, life skills, unemployment
- Make use of resources provided by existing organisations in your area
- Lobby local, provincial and national government for adequate environments and essential services e.g., housing, water, sanitation, and playgrounds



DEPARTMENT OF  
SOCIAL DEVELOPMENT  
WESTERN CAPE

## How you can intervene in child abuse:

- Check situations out if they look suspicious
- Call the police if a child is in danger
- Report cases and act in collaboration with relevant authorities
- When taking a child to the police, insist on a case number
- In case of rape, secure any evidence
- Get assistance from other neighbours
- Become safety parents
- Offer support and assistance to parents and children who have been abused
- Don't ask the child too many questions
- Provide support to your neighbour in times of emergency, offer a meal, call the ambulance
- Give information to neighbours on child support grants, disability grants, and where to go if a child is abused

## Stop Child Prostitution!

- Children are entitled to human rights
- Have respect for your neighbours
- Child abuse and child prostitution should never be tolerated
- Prevention of abuse and child prostitution is everyone's responsibility
- Be child-friendly adults
- It's never too late to help
- Believe children
- Be committed to do something about abuse
- Perpetrators of abuse have committed a criminal offence
- The behaviour of perpetrators can be changed
- Being a good neighbour has limits; don't let it be an extra burden
- Always act in the best interest of the child
- Be crime-free
- Child protection starts at home and with one's own family
- Children's best interest are paramount

## Offer to assist young and new mothers:

- When a neighbour is ill, provide a meal, watch their children, and check on them from time to time
- Be supportive to elderly neighbours by offering to run their errands, go with them to the doctor and offer to sit with or just visit them; obtain the names and numbers of relatives in case of an emergency
- Support and join local groups in your neighbourhood such as neighbourhood watch, youth groups, sports groups, women's groups
- Be aware of families where alcohol abuse, drug abuse and domestic violence appear, as in such situations children are not safe
- Always intervene in a way that allows you to be honest, respectful and caring





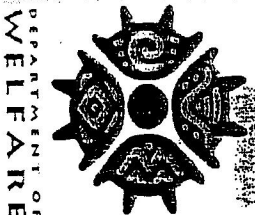
It's OK to say "NO!"

Sensitive boys *nobody has the right*  
are *to abuse you*  
COOL

Tell someone if

Kids are COOL!

জীবিত্যে পলাও



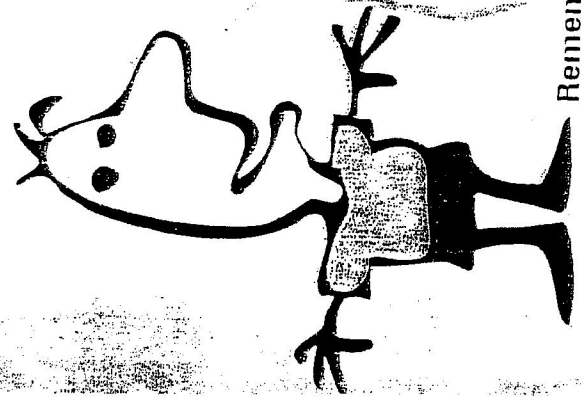
DEPARTMENT OF WELFARE

Lifeline/Childline Toll-free tel:  
0800 05 5555

for

CHILD ABUSE

With acknowledgement to RAPPAN  
(Rescues Aimed at the Prevention of Child Abuse and Neglect)



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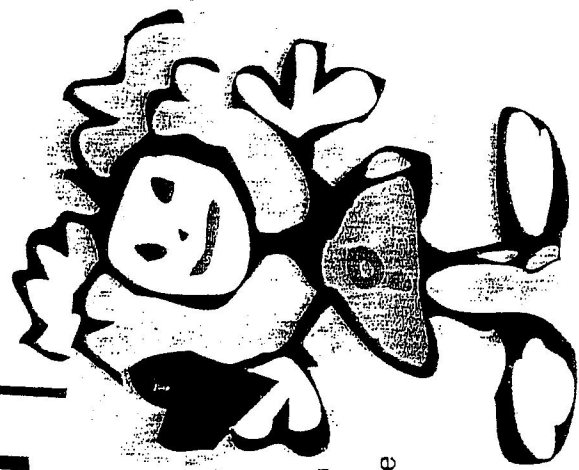
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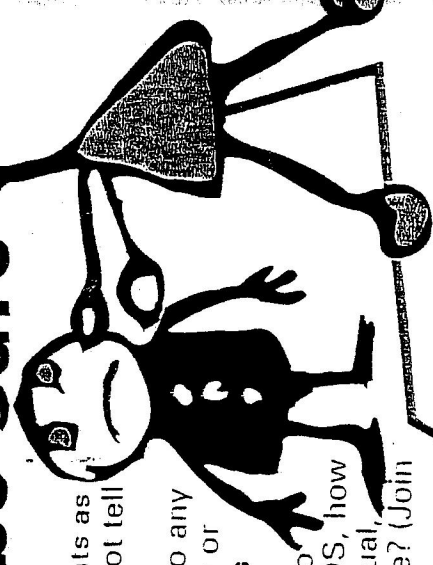
Cherish your dreams, no matter how impossible they seem now. Strive to achieve them.

Remember - you are a child of the universe, as much as the trees and the stars, you have a right to be here... to be loved... to be cared for ... to be protected ... to be safe ... to belong.



## be aware, be safe

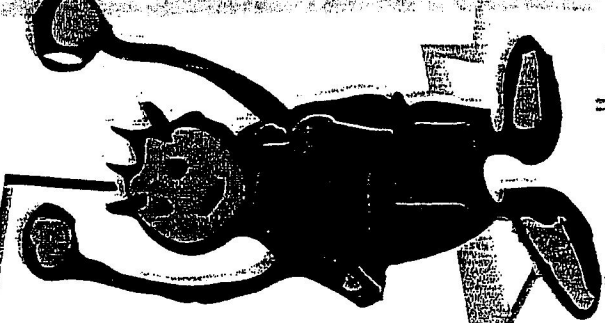
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Remember - a child that is aware is a well protected child.

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Remember - youth is a period to be enjoyed by every child and teenager regardless of your background.