

## EL CENTRO DE APOYO MUTUO -LAS CAROLINAS







787-377-1441 787-942-3068



camlascarolinas@gmail.com





### TABLE OF CONTENTS

| About               |
|---------------------|
| CAM Leaders         |
| Vacancy Information |
| Rooms               |
| Testimonials        |

Page 3 Page 4 Page 5-6 Pages 7-12 Page 13

## ABOUT US

The Centro de Apoyo Mutuo (CAM) Las Carolinas is a selfmanaged project created by a group of women residents of the community six weeks after the passage of Hurricane Maria in 2017. It is located on the premises of the former elementary school María Montañez Gòmez in the Las Carolinas community in Caguas. They provide hot meals to the most needy members of the community, including seniors, bedridden individuals, and their caregivers. The service is offered on Tuesdays and Thursdays.



## The Women of CAM







CHARITO ARROYO DIMARIE FONTÁNEZ





ANA RODRÍGUEZ



#### RAQUEL LÓPEZ



**IRIS CARABALLO** 



ROSARIO GONZÁLEZ



MARÍA GONZÁLEZ 4



ARE YOU A SMALL BUSINESS OR ORGANIZATION LOOKING FOR A SPACE TO THRIVE WHILE MAKING A DIFFERENCE IN THE VIBRANT COMMUNITY OF CAGUAS, LAS CAROLINAS? EL CENTRO DE APOYO MUTUO INVITES YOU TO BE PART OF OUR MISSION TO FOSTER MUTUAL AID AND COMMUNITY SUPPORT AT THE HEART OF LAS CAROLINAS.

LOCATED WITHIN THE OLD ESCUELA ELEMENTAL MARÍA MONTAÑEZ GÓMEZ, OUR AVAILABLE SPACES OFFER A UNIQUE OPPORTUNITY FOR BUSINESSES AND ORGANIZATIONS TO ESTABLISH THEIR OPERATIONS IN A DYNAMIC AND SUPPORTIVE ENVIRONMENT. **WITH FIVE OPEN CLASSROOMS AWAITING TRANSFORMATION,** EACH SPACE IN OUR CATALOG PROVIDES THE CANVAS FOR YOUR VISION TO FLOURISH.

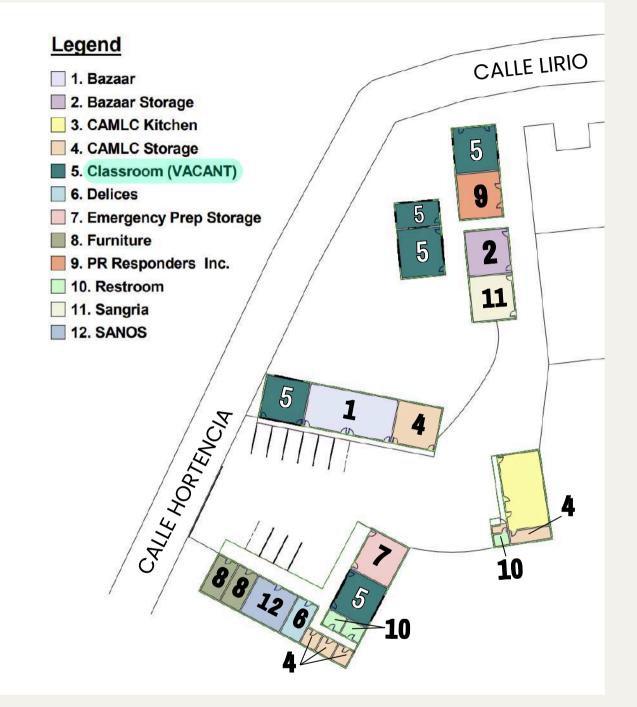
AT CAM, WE **PRIORITIZE VALUES OF MUTUAL AID AND COMMUNITY EMPOWERMENT** OVER TRADITIONAL LANDLORD-TENANT RELATIONSHIPS. OUR PARTNERSHIP WITH INCOMING BUSINESSES AND ORGANIZATIONS IS BUILT ON THE PRINCIPLES OF EXCHANGE AND COLLABORATION, ENSURING THAT TOGETHER, WE CAN CREATE MEANINGFUL IMPACT BEYOND MERE FINANCIAL TRANSACTIONS.

WE ARE PARTICULARLY INTERESTED IN WELCOMING BUSINESSES THAT ALIGN WITH OUR COMMUNITY'S NEEDS, INCLUDING THOSE IN THE FIELDS OF HEALTH, ELDERLY CARE, AND RESOURCE PROVISION SUCH AS COMPUTER ACCESS. BY JOINING OUR COMMUNITY, YOU'LL NOT ONLY FIND A SPACE TO GROW YOUR VENTURE BUT ALSO BECOME AN INTEGRAL PART OF LAS CAROLINAS' JOURNEY TOWARDS RESILIENCE AND PROSPERITY.

DISCOVER THE POSSIBILITIES AT EL CENTRO DE APOYO MUTUO AND BECOME A CATALYST FOR POSITIVE CHANGE IN CAGUAS. CONTACT US TODAY TO LEARN MORE ABOUT OUR AVAILABLE SPACES AND HOW YOU CAN CONTRIBUTE TO OUR SHARED VISION OF A STRONGER, MORE SUPPORTIVE COMMUNITY.

# For more information call: 787-377-1441 or 787-942-3068

#### FLOOR PLAN LAYOUT OF EL CENTRO DE APOYO MUTUO



| Rooms            | Electricity | Water | Lights | Whiteboards | Big Windows | Small Windows | Outlets | Entrances |
|------------------|-------------|-------|--------|-------------|-------------|---------------|---------|-----------|
| Salón Jose       |             |       | 4      | 1           | 8           | 12            | 9       | 2         |
| Salón María      |             |       | 4      | 0           | 8           | 0             | 6       | 2         |
| Salón Rosario    |             |       | 4      | 0           | 8           | 12            | 3       | 2         |
| Salón Sara Cotto |             |       | 2      | 1           | 8           | 12            | 3       | 1         |
| Salón Iris       |             |       | 2      | 1           | 3           | 12            | 7       | 1         |

# SALÓN JOSE

#### 604 SQUARE FEET

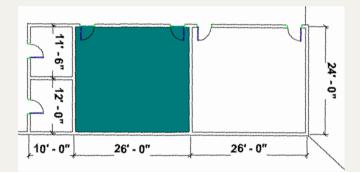
- ELECTRICITY
- WHITEBOARD
- 9 OUTLETS
- 2 ENTRANCES
- 8 LARGE WINDOWS
- 12 SMALL WINDOWS
- 4 OVERHEAD LIGHTS







# 



#### BEFORE:



**AFTER:** 



# SALÓN ROSARIO

#### **594 SQUARE FEET**

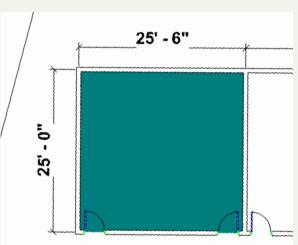
- ELECTRICITY
- 3 OUTLETS
- 8 LARGE WINDOWS
- 12 SMALL WINDOWS
- 4 OVERHEAD LIGHTS
- 2 ENTRANCES / EXITS











#### **BEFORE:**



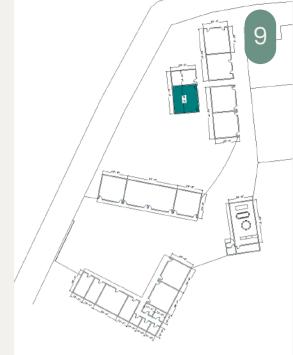
AFTER:

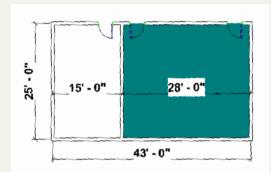


## SALÓN SARA COTTO

#### 696 SQUARE FEET

- ELECTRICITY
- 3 OUTLETS
- 1 WHITEBOARD
- 4 LONG LIGHTS
- 2 FANS
- 8 LARGE WINDOWS
- 8 SMALL WINDOWS











#### **BEFORE:**





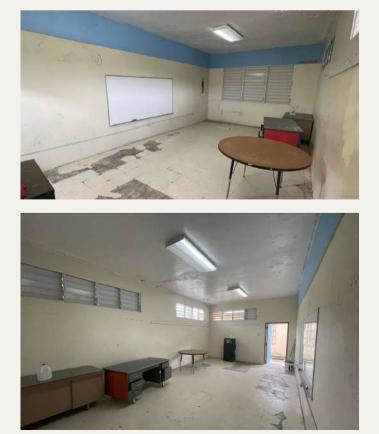


# SALÓN IRIS

#### **375 SQUARE FEET**

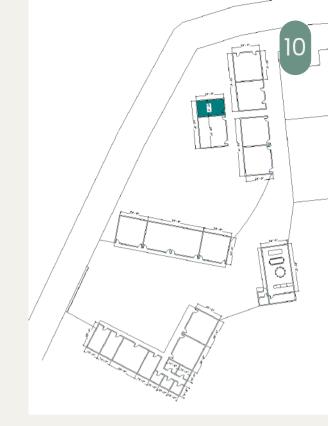
- ELECTRICITY
- 7 OUTLETS
- 1 WHITEBOARD
- 2 LARGE LIGHTS
- 3 LARGE WINDOWS
- 12 SMALL WINDOWS
- 2 ENTRANCES / EXITS

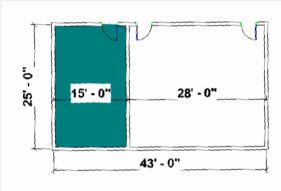
#### **BEFORE:**











# SALÓN MARÍA

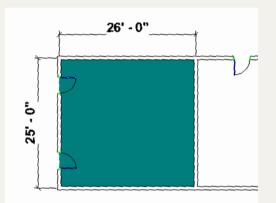
#### 625 SQUARE FEET

- ELECTRICITY
- 6 OUTLETS
- 8 LARGE WINDOWS
- 4 OVERHEAD LIGHTS
- 2 ENTRANCES / EXITS









#### **BEFORE:**



AFTER:





## **TESTIMONIALS**

"AQUÍ NOS HICIMOS FAMILIA" -GLADYS GÓMEZ

> "MI PARTE FAVORITA ES QUE TODOS (LAS CAROLINAS) CONOCEN A TODOS" -ROSARIO GONZÁLEZ

"YO ME CRIÉ AQUÍ... QUIERO QUE SEA UN LUGAR DONDE LA GENTE PUEDA ENCONTRAR PAZ Y TRANQUILIDAD" - 'TATI' GONZÁLEZ





