Punctuality:

|  |  |
| --- | --- |
| Did the participant initiate the engagement?  Yes  No  If yes, why? Click or tap here to enter text. | Did the participant show up?  Yes, on time  Yes, late  No, did not show up |
|  |  |

Trust:

|  |  |
| --- | --- |
| Did the participant reveal something new during this engagement?  Yes  No  If yes, what? Click or tap here to enter text. | Was the participant willing to open about his personal life?  Yes  No |
|  |  |

Body Language:

Rate the participant’s perceived body language.

Passive – Slumped posture, shows signs of discomfort such as biting nails, fidgeting, no eye contact, looking down, speaks quietly

Assertive – Interaction felt natural. Open, relaxed, pleasant, sits upright and comfortably, able to make eye contact, speaks clearly and with confidence

Aggressive – Overly stiff posture, arms crossed, moody, sulking, clenched jaw, direct stare, or staring off/bored, loud, demanding, urgent, arrogant, or sarcastic, clenched fists, pointing

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Passive |  | Assertive |  | Aggressive |
| 1 | 2 | 3 | 4 | 5 |

Technique:

What CBT skill(s) did you utilize in this interaction?  
Click or tap here to enter text.

Case Notes:

What else about the engagement did you want to note?   
Click or tap here to enter text.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Mental Health:  Is the participant in control of events in their life?   |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Never |  |  | Sometimes |  |  | Always | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | |
| Does the participant avoid conflict?   |  |  |  |  |  | | --- | --- | --- | --- | --- | | Walks away from a fight |  | Tries to avoid it but it seems to find him |  | First one in | | 1 | 2 | 3 | 4 | 5 | |
| Emotional Expression:  Rate the participant’s perceived mood.   |  |  |  |  | | --- | --- | --- | --- | | Distraught | Upset | Happy | Overjoyed | | 1 | 2 | 3 | 4 | |
| Does the participant worry about other people’s problems?   |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Never |  |  | Sometimes |  |  | Always | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | |
| Security:  Has there been a new arrest or violation since your last engagement?  Yes  No  If yes, what?  Click or tap here to enter text. |
| Transparency:  Has the participant revealed anything new from their previous involvement with the law?   Yes  No  If yes, what? Click or tap here to enter text. |
| Engagement:  Has the participant engaged in any programs since your last interaction?  Yes  No  If yes, what?  Click or tap here to enter text. |
| Networks:  Does the participant engage in activities with family and friends?  Yes  No  If yes, what? Click or tap here to enter text. |
| How many close friends does the participant have? Click or tap here to enter a number. |
| How satisfied is the participant with the support he has received from his family or close friends?   |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | Not Satisfied |  | Somewhat Satisfied |  | Satisfied |  | Very Satisfied | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | |
| Decision Making:   |  |  | | --- | --- | | **Has the participant made any big decisions since the last engagement?**  **Yes**  **No**  **If yes, what?**  **Click or tap here to enter text.** | **Does the participant consider potential implications when making decisions?**  **Yes**  **No** | |