Punctuality:

|  |  |
| --- | --- |
| Did the participant initiate the engagement?[ ]  Yes[ ]  NoIf yes, why?Click or tap here to enter text. | Did the participant show up?[ ]  Yes, on time[ ]  Yes, late [ ]  No, did not show up |
|  |  |

Trust:

|  |  |
| --- | --- |
| Did the participant reveal something new during this engagement?[ ]  Yes[ ]  NoIf yes, what?Click or tap here to enter text. | Was the participant willing to open about his personal life?[ ]  Yes[ ]  No |
|  |  |

Body Language:

Rate the participant’s perceived body language.

Passive – Slumped posture, shows signs of discomfort such as biting nails, fidgeting, no eye contact, looking down, speaks quietly

Assertive – Interaction felt natural. Open, relaxed, pleasant, sits upright and comfortably, able to make eye contact, speaks clearly and with confidence

Aggressive – Overly stiff posture, arms crossed, moody, sulking, clenched jaw, direct stare, or staring off/bored, loud, demanding, urgent, arrogant, or sarcastic, clenched fists, pointing

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Passive |  | Assertive |  | Aggressive |
| 1 | 2 | 3 | 4 | 5 |

Technique:

What CBT skill(s) did you utilize in this interaction?
Click or tap here to enter text.

Case Notes:

What else about the engagement did you want to note?
Click or tap here to enter text.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Mental Health:Is the participant in control of events in their life?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never |  |  | Sometimes |  |  | Always |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

 |
| Does the participant avoid conflict?

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Walks away from a fight |  | Tries to avoid it but it seems to find him |  | First one in |
| 1 | 2 | 3 | 4 | 5 |

 |
| Emotional Expression:Rate the participant’s perceived mood.

|  |  |  |  |
| --- | --- | --- | --- |
| Distraught | Upset | Happy | Overjoyed |
| 1 | 2 | 3 | 4 |

 |
| Does the participant worry about other people’s problems?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Never |  |  | Sometimes |  |  | Always |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

 |
| Security:Has there been a new arrest or violation since your last engagement?[ ]  Yes[ ]  NoIf yes, what?Click or tap here to enter text. |
| Transparency:Has the participant revealed anything new from their previous involvement with the law? [ ]  Yes[ ]  NoIf yes, what?Click or tap here to enter text. |
| Engagement:Has the participant engaged in any programs since your last interaction?[ ]  Yes[ ]  NoIf yes, what?Click or tap here to enter text. |
| Networks:Does the participant engage in activities with family and friends?[ ]  Yes[ ]  NoIf yes, what?Click or tap here to enter text. |
| How many close friends does the participant have?Click or tap here to enter a number. |
| How satisfied is the participant with the support he has received from his family or close friends?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Not Satisfied |  | Somewhat Satisfied |  | Satisfied |  | Very Satisfied |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

 |
| Decision Making:

|  |  |
| --- | --- |
| **Has the participant made any big decisions since the last engagement?**[ ]  **Yes**[ ]  **No****If yes, what?****Click or tap here to enter text.** | **Does the participant consider potential implications when making decisions?**[ ]  **Yes**[ ]  **No** |

 |